

# Health/Hygiene Statement

Date of last review: October 2016

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Date of next review: October 2017



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## Introduction

At Ambler Children's Centre no child is excluded from participating in our setting who may not yet be toilet trained and who may still be wearing nappies or equivalent.

We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgmental concern of adults.

## Procedures

- Each child's individual changing needs are met
- In agreement with parents, young children are encouraged to wear pull-ups when they are comfortable to begin toilet training
- Our commitment is to undertake the changing of young children in their key groups
- Changing areas are warm and there are safe areas to lay young children when they need to be changed
- Each young child has their own basket to hand with their nappies or 'pull-ups' and changing wipes.
- Clear nappy changing procedures are displayed in the changing area
- Nappy changes are documented for all children.
- Gloves are put on before changing starts and the areas are prepared and freshly wiped between each change
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- The children are encouraged to wash their hands and have soap and paper towels to hand.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull-ups' are disposed of hygienically. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.

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*Related policies:* Health and Safety, SEN, Safeguarding